















2009	Monday	Tuesday	Wednesday	Thursday	Friday
	10/08/2009	11/08/2009	12/08/2009	13/08/2009	14/08/2009
Snack 	Jam rolls	Ham sandwiches		Banana cakes	French toast
Drink 	Fresh milk	Fresh milk		Fresh milk	Fresh milk
Salad 	Salad bar	Salad bar		Salad bar	Salad bar
Salad of the day 	Ceasar salad	Tomato cheese salad		Tuna salad	Ham pasta salad
Main Western 	Beef cottage pie	Chicken Kiev		Spaghetti bolognaise	Fish and chips
Main Western 	Pan fried fish with garlic and butter	Pork goulash		Chicken nugget	Pork stew with corn
Main Western (Vegetables) 	Vichy carrots and Peas	Cauliflower with cream		Garden vegetables	Broccoli and Carrots
Main Western (Potatoes) 	Sauted potatoes	Mashed potatoes		Leonaise potatoes	French fries
Main Thai 	Shrimp with hot and spicy soup	Stir-fried fish with celery		Chicken with coconut soup	Fried chicken with garlic
Main Asian 	Fried chicken with lemon glass	Minced pork and tofu in clear soup		Phaneang moo	Stir-fried kale with crispy pork
Rice 	Brown steamed rice or White steamed rice	Brown steamed rice or White steamed rice		Brown steamed rice or White steamed rice	Brown steamed rice or White steamed rice
Vegetarian (Western) 	Vegetable lasagne	Cabbage rolls		Spaghetti with tomato sauce	Stewed vegetables and chick peas
Vegetarian 	Chick pea and vegetable curry	Noodle rolls		Stit-fried tofu with ginger	Tofu song krung
Noodles 	Roast pork with noodles	Seafood and noodles with gravy sauce		Pork stewed with noodles	Yen ta four
Fruits (4 Choice of fruits)	Seasonal fresh fruits	Seasonal fresh fruits		Seasonal fresh fruits	Seasonal fresh fruits

HOLIDAY