















2009	Monday	Tuesday	Wednesday	Thursday	Friday
	24/08/2009	25/08/2009	26/08/2009	27/08/2009	28/08/2009
Snack 	Pancakes	Donuts	Cup cakes	Egg and cheese sandwiches	Sausage rolls
Drink 	Fresh milk	Fresh milk	Fresh milk	Fresh milk	Fresh milk
Salad 	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Salad of the day 	Macaroni salad	Waldof salad	Coleslaw	Mixed vegetable and cheese salad	Egg salad
Main Western 	Salmon nugget	Braised beef	Roast chicken with mushroom sauce	Beef lasagne	Fish and Chips
Main Western 	Chicken pie	Wiener schnitzel	Baked fish	Pan fried chicken	Grilled pork , tomato and Cheese
Main Western (Vegetables) 	Zucchini and Carrots	Boiled vegetables	Cream spinach	Sweet peas	Garden vegetables
Main Western (Potatoes) 	Potato au gratin	Mashed potatoes	Baked potatoes	Cottage potatoes	French fries
Main Thai 	Khao maan gai	Roast beef with vegetables	Korean Stir-fried pork	Roast pork with steamed rice	Thai omelette
Main Asian 	Mushroom and marrow in clear soup	Fried fish with herbs	Fried egg with minced pork	Pickles in clear soup	Stir-fried sausage with sweet and sour sauce
Rice 	Brown steamed rice or White steamed rice	Brown steamed rice or White steamed rice	Brown steamed rice or White steamed rice	Brown steamed rice or White steamed rice	Brown steamed rice or White steamed rice
Vegetarian (Western) 	Stewed vegetables	Stewed vegetables	Pasta with pesto sauce	Canelloni spinach	Vegetables nugget
Vegetarian 	Vegetables spring rolls	Roast Glass noodles	Steamed egg (Japanese style)	Fried tofu	Yaki soba
Noodles 	Suki	Yen ta four	Roast pork with noodles	Chicken and noodles with hot and spicy soup	Stewed pork with noodles
Fruits (4 Choice of fruits)	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits